

# Jonathan Field Clinic November 15 & 16, 2022

**Auditing costs:** \$111/day as a donation to Horse & Heart Ranch

**Venmo:** [@Horseand-Heart](#) (please choose “friends and family”)

## Proposed Schedule:

**8:45am:** arrival, sign in at the round table at the top of the driveway with your best emergency phone number for the day and verify waivers

**9am:** Outdoor classroom at the arena

**10am-12pm:** Connection on the Ground- Horses in hand morning session

**12-1pm:** Lunch (Please bring your own lunch or feel free to leave for lunch)

**1-3pm:** Intention- Path & Purpose - Afternoon Session

**3-4pm:** Q & A Closing Session

## Outdoor Event

### **NOTES:**

- Bring your own lunch and plenty of water, or feel free to leave and get lunch
- Please be prepared for any kind of weather (cold then hot)
- Dress in layers, bring water, sunscreen, hat, LUNCH
- Feel free to bring your own cozy chair/blanket, there will be a large heated area (The weather looks like it will be sunny and in the 40s)
- There is an outdoor restroom (mustard yellow little barn with a sliding barn door) on the property near the tree house

**PARKING:** Look for orange cones at the crest of the hill on the left hand side, turn left into this lower pasture and park with your nose pointing towards the driveway.

*Be careful with your doors and body on this hill*

## **PLEASE PRINT DIRECTIONS & WAIVER**

**(Only Apple Maps has the correct approach, but PLEASE use these directions, or will end up at the Land of the Medicine Buddha with no reception) Gate code access - 4451**

## Directions to Horse and Heart:

### **5017 Ironwood Drive, Soquel 95073 (Access 4451)**

Park On either side of the entrance in front of the pastures at the bottom of driveway. Manual gate.

**How to get here:** From Hwy 1 exit Capitola at the Bay Porter Exit. Take Porter to the East. (From hwy 17 turn left or From Aptos turn right)

Take Porter to Soquel Dr. Turn right on Soquel Dr. at the light. Travel south on Soquel Ave. Go past Capitola Ave (at the light) to Fairway at the light, Turn Left, across from the *Cabrillo Liquor Store*.

Follow Fairway up and over several speed bumps, past Rocking Horse Ranch (goats on the right), all the way to the end and stop at the black, iron gate with a red stop sign on it and a keypad entry on the left hand side at the mail boxes.

Enter the code into the keypad clearly. (Access 4451) Unless already open! Turn right onto Ironwood Dr. as you enter the gate and follow the black top as it naturally winds up to the left.

Drive to the highest point of elevation (2 minutes) look for ORANGE CONES and turn left into the large PASTURE. Park facing the fence. Careful with your doors on the hill. at 5017 Ironwood Dr.

Contact Information:

Please call Lori at - 650-248-4451

Thank you & see you soon

# Horse and Heart Ranch – 2022

## General Release and Waiver of Liability

I, Print Name \_\_\_\_\_ (Participant)

(Address) \_\_\_\_\_

do hereby execute this Release on this \_\_\_th day of \_\_\_\_\_ 2022 in favor of Equus Anam Cara, Inc, Horse and Heart Youth and Adult Programs, Jonathan Field, Lori Halliday, Ella Halliday & Andy Halliday of 5017 Ironwood Dr. Soquel, CA 95073, and volunteer staff and paid instructors of Horse and Heart Ranch.

**Inherent Risks and Assumption of Risk in Equine Activities:** Being on the Horse and Heart Ranch property at 5017 Ironwood Dr. (an Equine Facility) will bring you near to or riding on equines. Being present on the property is a dangerous activity. The undersigned Participant acknowledges there are inherent risks associated with equine facilities and with equine activities, inherent risks such as described below, and hereby expressly assumes all risks associated with participating in such activities or spectating at Horse and Heart Ranch.

The inherent risks include, but are not limited to:

1. the propensity of equines to behave in ways such as, running, bucking, biting, kicking, shying, stumbling, rearing, falling or stepping on, that may result in an injury, harm or death to persons on or around them;
2. the unpredictability of any equine's reaction to such things as sounds, sudden movement and unfamiliar objects, persons or other animals;
3. hazards such as surface and subsurface conditions and collisions with other animals;

4. the potential of participants to act in a negligent manner that may contribute to injury to the participant or others, such as failing to maintain control over the animal or not acting within such participant's ability;

5. the limited availability of immediate emergency medical care.

With full knowledge of the above, and knowledge that unexpected sudden actions by horses, or by others attending to or riding on horses on the Horse and Heart Ranch property can result in serious injury at any moment, Participant nonetheless wishes to participate by being present at the Equine Facility, participating in Equine activities, and knowingly taking the risks of these activities for himself or herself alone, hereby releases Equus Anam Cara, Inc, Horse and Heart Youth and Adult Programs, Jonathan Field, Lori Halliday, Ella Halliday & Andy Halliday of 5017 Ironwood Dr. Soquel, CA 9507 and, volunteer staff and paid instructors of Horse and Heart Ranch, from liability due to ordinary negligence, and except in the event of their gross and willful negligence, shall bring no claims, demands, actions and causes of action, and/or litigation, against the aforementioned releases for any economic and non-economic losses due to bodily injury, death, or property damage, sustained by Participant and/or Participant's minor child or legal ward in relation to the premises and equine operations of this property, including while riding, handling, watching, spectating or otherwise being near horses owned by or in the care, custody and control of Equus Anam Cara, Inc, Horse and Heart Youth Programs, Stephanie Meux, Lori Halliday, Ella Halliday & Andy Halliday of 5017 Ironwood Dr. Soquel, CA 95073, or the volunteer staff and paid instructors of Horse and Heart Ranch and Horse and Heart Youth Programs.

I hereby attest that I have medical insurance coverage which will pay for initial and ongoing treatment for injuries sustained while voluntarily participating in Equine activities. If for any reason including but not limited to lack of medical insurance coverage, lack of coverage for Equine activities, or failure of my medical insurer to accept my claims for an injury sustained in Equine activities, I understand that bearing the cost of medical expenses is my responsibility alone, and I hereby release Equus Anam Cara, Inc, Horse and Heart Youth Programs, Jonathan Field, Lori Halliday, Ella Halliday & Andy Halliday of 5017 Ironwood Dr. Soquel, CA 95073, and volunteer staff and paid instructors of Horse and Heart Ranch from any liability for my medical expenses.

This release binds not only (participant's name)\_\_\_\_\_in respect to any and all claims, contentions, demands, actions, suits, accounts, executions, and judgments ever had, now has, or may have, but also binds (name's) \_\_\_\_\_heirs, assigns, executors, administrators, and legal representatives, and is a binding release that applies to participation today and on all future dates whenever Participant participates in the Equine activities at 5017 Ironwood Drive, Soquel, CA 95073.

IN WITNESS WHEREOF, I have signed this Release on this \_\_\_\_\_ day of \_\_\_\_\_, (2022).

(Signature of Participant or Parent)\_\_\_\_\_

(Print Name of Participant and Parent)

\_\_\_\_\_

Witness

\_\_\_\_\_

**Horse and Heart Safety Contract for Visitors and Students 2022**

At Horse and Heart we offer equine experiential learning, and we encourage creative responsiveness in relations with horses and each other. Equine activities require safety rules in an effort to protect humans and our equine partners. Anyone who knowingly or maliciously breaks these rules is a safety risk for the entire group, and they will not be allowed to continue in the program. Horses are prey animals and may startle easily and

respond with a fight or flight mode. In an effort to protect the horses and the participants the following guidelines will prevent serious mishaps and contribute to making the experience more meaningful and constructive for all involved.

1. Do not feed, touch, or let horses touch you without supervision. 2. When handling a horse, never wrap the lead line around any part of your body. Do not lay the rope across your shoulder or neck.
3. Avoid standing directly behind a horse in the rare instance that a horse may kick. Never put yourself between a wall or fence and a horse, as this may prevent you from escaping when necessary. When walking behind a horse, always put your hand on his hindquarters, and move with your body in close proximity to his body. This informs the horse of your whereabouts and keeps you out of his kicking range, which is about 2-3 feet out from his body. When two people are working with the same horse, they should stand on the same side of the horse. 4. Never hit the horse. Besides being abusive, physical violence will escalate his impulse to run or defend
5. When the instructor calls a time out, stop what you are doing and return to a neutral position until further instruction.
6. If a horse's behavior escalates do not try to restrain him, let him go!! Call out "Loose Horse" in order to warn others.
7. Horses are highly sensitive to the feelings of their herd members. As prey animals, their survival depended on their ability to sense the feelings and emotions of other beings. Pay close attention to your emotions and notice changes in your feelings. Call a timeout if you become angry, frustrated or fearful, as your escalating emotions will be mirrored by the horses. 8. If you suddenly sense an emotion that you cannot call your own, you may be feeling the horse's emotions. Again call a timeout and consult with a facilitator. Paying attention to feelings early on alleviates the escalation of emotions that can lead to panic or chaos.
9. Remember to breathe. Horses give and receive information based on breathing frequency and depth. Your breath conveys much to hoses such as your level of stress, fear, anger, and excitement. This can cause a mirror reaction in them.

I have read the above guidelines and I agree to follow these rules and guidelines to the best of my ability. I agree to ask for assistance if I am unable to follow these guidelines for equine activities with Horse and Heart.

Visitor / Students Name: \_\_\_\_\_

Guardian / Parent Signature:\_\_\_\_\_

Date:\_\_\_\_\_